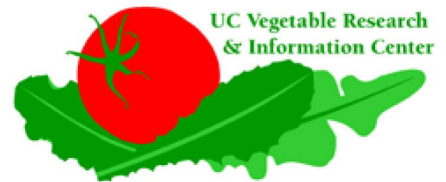







Vegetable Planting Guide





















































































-  preferred time to seed in a greenhouse or other protected area (e.g. coldframe, well lit window)
-  preferred time to transplant
-  preferred time to direct seed
-  seeding
-  transplanting

Seeding and transplanting dates may vary between varieties. Please check seed package or nursery for additional information.

Weather can modify planting and harvesting dates.

Information provided by Robert Norris, Department of Plant Sciences, 2008

	JUN	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	
brussels sprout														
cabbage														
parsnips														
cauliflower & broccoli														
carrots														
rutabaga														
lettuce														
lettuce														
lettuce														
turnips														
spinach														
spinach														
fava beans														
peas														

Vegetable Planting Calendar for the Central Valley, East Bay and Low Foothills



KEY	
S	Plant from seed
P	Plant starters
S/P	Seed or plant directly in the garden
*	Start seed in pots in protected area



	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Asparagus	P											P
Beans, Fava		S	S							S	S	
Beans, Snap				S	S	S						
Beets		S/P	S/P	S/P				S/P	S/P	S/P		
Bok Choy/Pak Choi	P								P	P	P	P
Brussels Sprouts							S/P	P				
Broccoli	*	P					*	S/P	P	P	P	*
Cabbage	*	P					*	S/P	P	P	P	
Carrots			S	S	S			S	S	S	S	S
Cauliflower	*						*	S/P	P	P	P	
Celery			S/P	S/P			P	P	P	P	P	
Chard, Swiss		S/P	S/P	S/P	S/P			S/P	S/P	S/P	S/P	
Cilantro								S/P	S/P	S/P		
Collards		S/P	S/P					S/P	S/P	S/P		
Corn				S/P	S/P	S/P	S/P					
Corn Salad/Mache	S/P	S/P	S/P	S/P					S/P	S/P	S/P	S/P
Cucumbers				S/P	S/P	S/P						
Eggplant		*	*	S/P	S/P	P						
Garlic (from cloves)									Cloves	Cloves	Cloves	Cloves
Kale		S/P	S/P					S/P	S/P	P	P	P
Kohlrabi		S/P	S/P						P	P	P	
Leeks		P	P			P		P	P	P		
Lettuce, Head	S/P	S/P						S/P	S/P			
Lettuce, Leaf	S/P	S/P	S/P						P	S/P	S/P	P
Melons					S/P	S/P						
Mustard	S	S	S	S				S	S	S	S	S
Okra				S	S	S	S					
Onions								S	S	S/P	S/P	S/P
Parsnips				S			S			S		
Peas	S	S	S						S	S	S	S
Peppers	*	*	*	P	P							
Potatoes, sweet (slip)				P	P	P						
Potatoes, white (slip)	P	P	P					P	P			P
Pumpkins					S	S						
Radish	S	S	S	S					S	S	S	S
Rutabaga							S	S				
Shallots									S/P	S/P	S/P	
Soybean/ Edamame				S	S	S						
Spinach		S/P	S/P	S/P					S/P	S/P	S/P	
Squash, Summer				S/P	S/P	S/P						
Squash, Winter				S/P	S/P	S/P						
Tomatoes	*	*	*	P	P	P						
Turnips		S	S						S	S	S	

Roseville
916.782.2273

Sacramento
916.381.162

Folsom
916.358.9099

www.iDigGreenAcres.com